

Parent Services and Support

Community Action Commission Parent Support Groups

Community Action Commission's Parent and Health Educator leads parent support groups for families of youth at risk or involved in gangs. The parenting support groups are designed to help families create both healthy relationships and healthy families. The Health Educator covers topics such as: Positive Discipline, Boundaries and Limits, Self-esteem in the Family, Active Listening and Domestic Violence. Through these groups the importance of being a positive role model for their children and a good partner for their significant other will be instilled. The meetings are voluntary but greatly encouraged as part of the families case management plan.



Community Action Commission
Family and Youth Services
Bridges to Recovery
Cal-Grip



Pláticas de Temas Familiares

**Estas clases son específicamente para
los programas de Community Action Commission
Bridges to Recovery, Cal Grip, y
Youth Offender Block Grant.**



**Nuestra Próxima Junta será
Lunes 19 de Diciembre del 2011
de 6:00 pm 8:00 p.m.**

**Community Action Commission
5638 Hollister Ave. Tercer Piso
Goleta Ca. 93117**

**Para más información favor de llamar a Alejandro Vásquez al (805) 637-0296 ó
Kristy Renteria, Saul Serrano, Xavier Escamilla, Tony Serrano o Ana Flores al teléfono
(805) 964-8857**

Bridges to Recovery Program Summary

Santa Barbara County's Bridges to Recovery (B2R) Program offers a coordinated, multi-agency approach to juvenile offender reentry for high-risk male youth with substance abuse and/or co-occurring disorders. The program provides community-based, culturally appropriate substance use treatment, mentorship and home visiting case management designed to build family participation and support youth through their recovery and reentry process.

Approximately 300 high-risk male juvenile offenders, exiting detention facilities will be served by the project (90 in year 1, 120 in year 2, and 90 in year 3). B2R participants are largely Hispanic (80%), older youth (16-17 years) with a history of drug or alcohol use (85%). Approximately 60% have co-occurring mental health issues such as depression, anger management, and/or anxiety. Program objectives include a reduction in recidivism, a decrease in probation-violations, and an increase in the proportion of participants who successfully complete treatment and reduce substance use from less than 50% to 80%.

The Countywide project will provide the following enhancements to existing juvenile offender reentry services: 1) individual and family counseling sessions to address substance use disorders; 2) home visiting and case management services; 3) mentoring through Los Compadres young men's group; 4) automatic enrollment in the Youth Employment Services program; and 5) expanded community transition officers to provide intensive probation services and family engagement. Reentry services include coordinated assessments and transition planning between juvenile probation and the B2R Case Managers. Treatment and continuing care services are designed to create tighter linkages and engagement between individuals and their family members and local community based organizations that can provide long term support beyond the framework of the reentry program.

B2R will employ two evidence based practices: Adolescent Community Reinforcement Approach (A-CRA) for treatment and Assertive Continuing Care (ACC) for post-treatment aftercare. In addition to addressing substance use these practices address the needs articulated by potential program youth to increase the family, social, and educational supports for adolescents in recovery. Additional program objectives include improvements in the overall wellbeing and life chances of participants in the following domains: mental and emotional health, vocational/educational skills, positive living environment, and family engagement and participation as measured by the Global Appraisal of Individual Needs (GAIN).

At the system level, the goal of the B2R program is to create culturally-competent, cross-systems, and neighborhood based approach to juvenile offender reentry services. Program objectives include standardizing the use of appropriate evidence-based practices, developing a multi-agency case review team, and leveraging the involvement of key county leaders to develop a long-term sustainability plan.

Santa Barbara Police Activities League (PAL) History and Program Information

History & Background

Since 1999, the Santa Barbara Police Activities League (SBPAL) has offered quality activities for the youth of the community with a focus on low-income youth at risk of gang violence. Police officer Kent Wojciechoski, the founder of SBPAL, envisioned an organization that would become a strong foundation for a supportive relationship between youth, police department, and community. Since its inception SBPAL has grown from serving 50 children to now offering programming and services for 1600 children every year.

Our goal is to expand the learning period of public schools and help close the achievement gap through after-school program enrichment. Programs include, After-School Sports, Youth Leadership, Teen Center, Soccer Club, and Explorer Mentoring all offered at no cost. The objective of the programs is to foster an environment where students who are at risk of being drawn into gangs or are underprivileged can enjoy opportunities that would otherwise be unavailable. SBPAL believes that the "extra programs" that have been cut from schools are not extra at all. They are crucial parts of a child's education and should be available to all students regardless of their socioeconomic status.

Programs offered by SBPAL

- **The Campership Alliance:** a collaborative between 12 other non-profits to provide over 450 low-income children with summer camp scholarships and transportation. The Campership Alliance is a community based collaborative with the sole purpose of providing scholarship opportunities for low income and underserved youths living in Goleta, Santa Barbara, and Carpinteria areas. The Campership participants who qualify have the opportunity to participate in over 30 local summer camps that enrich and expand their life experiences at no cost to them.
- **Cops and Kids:** The Cops & Kids Camp is held each summer at either a local beachfront or lakefront campground. The 4-day outing includes camping, swimming, "Ropes" course, nighttime astronomy, hiking, and crafts. Tents, sleeping bags, food, and games are all provided. This program's primary purpose is to break down the barriers between law enforcement and kids in the community. Each year, over 50 youth have this opportunity at no cost to their families.
- **Junior High After School (JHAS):** SBPAL county-wide sports leagues serve over 250 junior high students per day and offer transportation and supervision. All of our on-campus sports are led by qualified, committed coaches and the games are scored and overseen by certified referees. Students practice soccer, basketball, and flag football on a daily basis and travel to play the other school teams once a week. PAL provides all coaches, uniforms, transportations,

and games at no cost to the student or their family. Collectively the sports leagues PAL has in place require student accountability while also instilling an understanding of responsible citizenship.

- **Youth Leadership Council:** is composed of 15-20 teens that meet on a weekly basis and plan community service projects and attend leadership conferences. The objective of this program is to expand youth participation in the community and government and is comprised of members that would otherwise not be able to participate. With this in mind, our objective is to instill in our youth a sense of civic responsibility and stewardship of their community. SBPAL hopes to create new tenets in our community that produce dynamic neighborhoods, creating future leaders and responsible citizens.
- **TWELVE35 Teen Center:** offers structured classes in the arts, dance, technology and personal enrichment to extend the learning day within heavily cut public schools. It is our goal to offer programs year-round at the Teen Center and increase programming over the summer months. The Teen Center is centrally located in downtown Santa Barbara and provides a safe and positive environment for students after school, and longer hours during the summer. In the center we have a computer lab, music studio, pool table, air hockey, foosball, video game room and offer a healthy snack every day. In addition, a new Community School has been designated by the county to be implemented at the Teen Center during school hours. By working closely with the County Education Department and the Police Department, we hope to reduce the high school dropout rate while bridging the gap between the community and police officers.
- **Explorer Mentoring:** The Santa Barbara Police Department Explorer Post is a volunteer organization for young adults, age 14 to 19, who have an interest in a career in law enforcement. The Explorer Post provides in-depth education in skills such as leadership, interpersonal communication, community relations, command presence, career planning, and more. In addition, Explorer's work community service events, traffic control, and safety fairs. By working with officers the program's goal is to instill in our participants the importance of maintaining a vibrant and safe community.



Santa Barbara County Education Office Summit Schools Summary Community Action Commission & PAL Teen Center Community School Site

Students Served

Summit High School is a drug-free academic program that promotes “healthy living and healthy minds” through academic achievement and the promotion of positive social activities and personal responsibility. As a high school, Summit will provide students with independent study courses and staff support. Under the guidance of school staff, students will develop a clear set of academic goals for each semester that they are enrolled. We will assist students in the development of an individualized learning plan that is self-paced and fits their academic needs. A credentialed academic counselor (PPS) is available to assist students and parents as needed. Appointment times, as well as lab hours, will be scheduled for each student individually. In addition to the academic program, Summit staff will coordinate with support agencies to assist students with healthy choices, employment, counseling and support, dual enrollment with Santa Barbara City College, and other positive social activities.

Curriculum

The curriculum for the school program is A+ Anywhere, an online education software system. The high school coursework is California standards-aligned and students will be supervised by a credentialed teacher. Just as if they were attending traditional classes, students will be required to take notes; do additional research when required; complete writing assignments; edit and revise their writing; and take quizzes, practice tests, and mastery tests for all coursework credit. Although much of the work is independent, students will receive direct teaching in the form of tutorial and writing support for their classes. Students will be expected to perform at 70% or higher on their class assignments and final tests in order to receive credit.

Enrollment

Students may enroll at any time throughout the school year. We will operate year-round so that students who wish to keep up with their grade-level peers, or students who need recovery credits may transfer back to their district schools as soon as reasonably possible. Students who wish to complete their high school credits through our program will receive a high school diploma from Santa Barbara County Education Office Summit High School.

With curriculum based on individual needs, we can easily take students at any time of the year. Through our program, students who have been expelled can make up or keep up their grade level credits and transfer back upon completion of their rehabilitation plans. Students who are looking for an alternative to other available programs, or who wish to create more positive social connections, may consider our program a unique option. Our program’s ability to offer flexible scheduling, a learning plan based on each individual student’s needs, connections to SBCC, opportunity for positive social connections, and a location that is safe and inviting will certainly be a plus for students enrolled with us.

Students who wish to attend the Summit program do so voluntarily, students wanting to enroll in the Summit program must obtain a release from their home school district, and students from the Santa Barbara School District must transition through the Alternative Education Committee for approval. However, students that may be better served in a different educational setting may be required to return to their home district, enroll at El Puente, or enroll at another school of their choice.

Summit Site Rules

A condition of enrollment in Summit is that all of our students must also become members of the Police Activities League (PAL) and Twelve35 Teen Center. We are guests in the Twelve35 Teen Center and students attending our program must abide by all of the rules set forth by the PAL program as well as the Summit program. Students are strongly encouraged to make use of the teen center after school hours.

During school hours, use of the teen center outside of the computer room, bathrooms, and break area will be limited to school activities only. The Twelve35 Teen Center will not be open to any students not enrolled with Summit High School. Only students with scheduled hours will be allowed on campus (PAL Twelve35 Teen Center) during school hours. No loitering will be allowed.

Hours

The Summit High School program will be open from 8 am to 2 pm Monday through Friday.

Enrollment Criteria

The programs are located within the Community Action Commission building at 5638 Hollister Avenue in Goleta and the within the Twelve35 Teen Center and will serve high school students that satisfy the following requirements.

Students:

- Must attend voluntarily.
- Must be within the 9th to 12th grade level.
- Must be responsible for their own learning.
- Must be responsible for their own attendance.
- Must be able to read and comprehend at or above grade level.
- May be expelled and working on a rehabilitation plan.
- May transition from another program back to SBUSD or Carpinteria HS districts.
- Must be serious about working hard on a credit-recovery plan.
- Must have the ability and willingness to follow directions, take notes, and complete required writing assignments.
- Must participate in all State-required testing.
- Must have the ability to follow through with agreements and goals.
- Must behave responsibly and follow the rules set forth by the school, Community Action Commission and PAL.

Santa Barbara County Probation Department Youth Offender Block Grant Program Summary

The Los Compadres Program will offer mentoring and case management services for youth participating in the Youthful Offender Block Grant (YOBG) and their families. The multi-disciplinary team will develop individual rehabilitation approaches, provide information on youth's needs, strengths and progress. The youth and their families will be offered services of referrals to programs as needed. Psycho-social issues will be addressed that impede on their ability to successfully remain in the community and result in their detention in juvenile facilities or out-of-home placements.

Youth and their families will be provided rehabilitation (skills development) and support services in accordance with their treatment goals. Services would include individual and family meetings, participation in wraparound team meetings, alcohol/drug treatment groups and restorative justice family group conferencing. The Case Manager will work with youth and families to develop linkages to community resources such as education, treatment providers, work programs, employers, housing, social and recreational programs, community mentors, etc. as well as assisting in the development of a natural support system.

CAC staff will meet with the YOBG youth and family to design an educational and vocational plan. The plan will include measurable and attainable short and long term goals. This will be measured by the number of milestones met on a weekly basis. CAC will assist youth and families in developing a positive working relationship by providing activities that will promote healthy relationship and be a role model for families regarding positive communication techniques. This outcome will be measured by a pre and post survey conducted by CAC with YOBG youth and their family regarding their perception of current relationships; the number of healthy building activities the family participated in on a weekly basis; the number of successful interactions between parent and YOBG youth on a weekly basis; and the observation of YOBG Deputy Probation Officer regarding the family interactions and family dynamics. CAC Case Manager will determine eligibility for employment services and make appropriate referrals. Outcomes will be measured by the percentage of eligible YOBG youth referred to employment services; the percentage of eligible youth who are referred to employment services that are subsequently employed; and those who gain employment are still employed at the time of their exit and how long they have been employed.

Agreement No. 23,898

**SOUTH COAST TASK FORCE ON YOUTH GANGS
SPONSORS AND HOST AGENCY MEMORANDUM OF UNDERSTANDING**

July 2011

This Memorandum of Understanding, herein after referred to as "MOU," is entered into in the City of Santa Barbara, California on this 1st day of July, 2011.

The term of this MOU shall from July 1, 2011 through June 30, 2012.

Under terms of this MOU the Community Action Commission of Santa Barbara County, hereinafter referred to as "CAC-Host Agency" and funding sources, hereinafter referred to as "Sponsors," agree to work cooperatively to further the strategy of the South Coast Task Force on Youth Gangs, hereinafter referred to as the "SCTF on Youth Gangs."

Program agents and service providers subscribing to the goals and objectives of the SCTF on Youth Gangs have expressed their support and are referred to as "Program Partners" in this agreement.

FUNDING SOURCES

The funding sources, "Sponsors," include:

- o County of Santa Barbara
- o City of Santa Barbara
- o City of Goleta
- o City of Carpinteria

CAC-HOST AGENCY

CAC-Host Agency, on behalf of Sponsors and the SCTF on Youth Gangs agrees to:

- o Subscribe to the guiding principles (Attachment A) and Vision (Attachment B) goals and objectives of the SCTF on Youth Gangs
- o Serve as the Fiscal Agent and maintain accounting documents according to standard and acceptable accounting practices to annually report on the sources and uses of funds in compliance with the program budget
- o Serve as the employer of record for the Task Force Coordinator
- o Provide on-site supervision to the "Task Force Coordinator" to carry out programs and general duties outlined in the Coordinator's job description, (Attachment C)
- o Guide the Task Force Coordinator to work with Program Partners to: