

South Coast Task Force on Youth Safety

Quarterly Meeting

July 12, 2017

Goleta Valley Community Center



A. Call to Order & Welcome

Supervisor Janet Wolf

B. Roll Call




C. Public Safety Temperature Check

- Santa Barbara Police Department
- Santa Barbara County Sheriff's Department
- County of Santa Barbara Probation Department



D. Coordinator Updates

Recent to join Strategy Team

- ▶ Barbara Finch – Department of Social Services
 - ▶ Suzanne Grimmersey – Department of Behavioral Wellness
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California Gang Reduction and Intervention Program (CalGRIP)

City of Santa Barbara Project

Youth Empowerment Internship 2015–2017

(Sun-setting December 31, 2017)

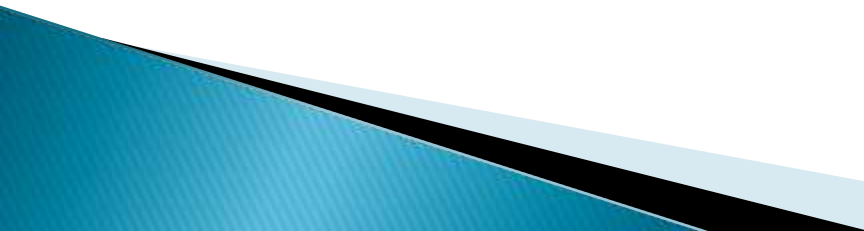
- Case management
- Educational Services
- Youth Employment Services
- Parent/Family Support

California Gang Reduction and Intervention Program (CalGRIP)– **Changes**

- ▶ Funding for future projects eliminated in the Governor's Draft Budget January 2017
- ▶ Advocacy by Task Force
 - Outreach to:
 - **Assembly Member Monique Limon**
 - **Senator Hannah–Beth Jackson**
- ▶ June 2017 Funds reinstated in final budget as:
California Violence Intervention and Prevention (CalVIP)
 - Details and Request for Proposals to follow from Board of State and Community Corrections

Task Force Initiatives Update

Coordinator's Work Plan

- ▶ Presentation Updates to City Councils and County Board of Supervisors
 - City of Carpinteria Council – May 8
 - City of Santa Barbara Council – May 16
 - County of Santa Barbara – May 16
 - City of Goleta – June 6
 - ▶ Meeting with members of the Task Force individually
 - ▶ Working with Strategy Team Law Enforcement Representatives to develop crisis resource card
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Task Force Initiatives Update

Evaluation – Training and Technical Support to CBO's

- ▶ Training by Dr. Jill Sharkey and Dr. Lauren Reed UCSB Gevirtz Graduate School of Education
- ▶ Request for proposals for individual technical assistance – due July 31st



6th Annual LA Gang Conference

- ▶ South Coast Task Force on Youth Safety Presentation
 - Strategy Team Members
 - Adrian Gutierrez – SBPD
 - Fran Forman – CAC
 - Saul Serrano – Task Force/CAC



Santa Maria Mayor's Task Force on Youth Safety

Developing Violence Reduction Plan


- Work to be completed in September
- Assessing community resources
- Forums to secure community input
- Compiling data from community partners



Picture Courtesy of
Santa Maria Times

Community Summits

- ▶ South Coast Service Provider Summit 2017
 - October

 - ▶ 2nd Annual Latino Fatherhood Summit
 - Santa Barbara Unified School District
 - South Coast Task Force on Youth Safety
 - Santa Barbara Housing Authority
 - Just Communities
 - City of Santa Barbara Parks and Recreation
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Mental Health: Youth Current Trends and Immediate Concerns

Santa Barbara Unified School District

Frann Wageneck

Department of Social Services Santa Barbara County

Barbara Finch

District Attorney's Truancy Program Santa Barbara County

Adam Howland

Mental Wellness Center

AnneMarie Cameron



Youth Mental Health: Current Trends and Concerns

Population: 10,000+ students grades 7-12 in SBUSD and Carpinteria USD

National Statistics:

20% live with Mental Health Condition

11% have Mood Disorders

10% have Behavior/Conduct Disorders

8% have an Anxiety Disorder

70% of youth in state and local juvenile justice systems have a mental illness.

(National Alliance Mental Institute Website, 2017)



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DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery



Suicide in Santa Barbara

Based on data collected by Behavioral Wellness and SBUSD for August 2016 to April 2017 for youth ages 13-20:

- Greatly increased number of suicide attempts by youth in our community
- Percentage of attempts by Latino Youth: 85%
- Number of deaths by suicide: 4

Many suicide attempts, however, go unreported or untreated. Surveys suggest that at least one million people in the U.S. each year engage in intentionally inflicted self-harm.



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Santa Barbara Unified
Every child, every chance, every day.

Suicide Statistics

Suicide is the
10th
leading cause of death in
the US

Each year
44,193
Americans die by suicide

For every suicide
25
attempt

Suicide costs the US
\$44 billion
annually

Additional Facts About Suicide

- On average, there are **121** suicides per day.
- Men die by suicide **3.5x** more often than women.
- Females attempt suicide three times more often than males.
- In California, suicide is the **2nd** leading cause of death for ages 10-24.
- **90%** of those who died from suicide had an underlying mental illness.
- The ratio of suicide attempts to suicide death in youth is estimated to be about **25:1**, compared to about **4:1** in the elderly.



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Is this unusual? What is happening nationally?

- According to CDC, national suicide rates increased from 1999 through 2014, with greater annual percent increases after 2006.
- Suicide rates increased from 1999 through 2014 for both males and females and for all ages 10-74.
- The percent increase in suicide rates for females was greatest for those aged 10-14.
- In 2015, the suicides which occurred within Santa Barbara county reached an all time high



Teen tragedies are not isolated to the schools. The existing partnerships came together in Spring 2017 to take immediate action.

- Santa Barbara Unified School District
- Carpinteria Unified School District
- UCSB
- Department of Behavioral Wellness
- County Executive Office
- Sheriff's Department
- Santa Barbara Response Network
- Glendon Association
- International Trauma Center (ITC)



Phase 1 Accomplishments

- Met with all area high school principals and several administrators and counselors (Dos Pueblos, San Marcos, Santa Barbara, La Cuesta, Carpinteria)
- Established a core response team (school district, Behavioral Wellness, SB Response Network, ITC)
- Provided consultation and guidance on memorialization, graduation ceremony
- Provided community response toolkit, including talking points on “13 Reasons Why”
- Created tracking tool to monitor care of high-risk youth attempters
- Conducted Chronological Assessment of Suicidal Events (CASE) training for SB Response Network staff and counselor at Carpinteria High
- Met with Santa Barbara High Associated Student Body (ASB)
- Met with youth of Restorative Justice Education Center
- Met with youth who recently attempted suicide and mother



Phase 2 Accomplishments

- Consultation with school district on messaging and communication strategy
- CASE training provided to counselors at each of the 4 high schools (DP, SM, SB and La Cuesta) and junior high schools
- Gatekeeper trainings provided for non-mental health school employees, trusted adult advisors, Latino community members, and Promotoras.
- Training provided for youth leaders through “Signs of Suicide” program and establish youth-led social media campaign
- Continued consultation for survivors, high-risk youth and those who have attempted suicide in the last 6 months
- Universal screening process piloted at Alta Vista Alternative High School Quetzal Program using the Columbia Suicide Severity Rating Scale (CSSRS)



Proposed Scope of Services: Phase 3 (June 12-15/September)

- Provide Post-Traumatic Stress Management (PTSM) Psychological First Aid (PFA) training to school counselors and community.
- Gatekeeper training for the Youth and Family Services Roundtable
- Meetings with community leadership and parent stakeholders
- Onsite visits and consultation with community and school district leadership (support with policy and practice development)
- Offsite consultation for leadership
- Return shortly after school begins in the fall for assistance with the implementation of Signs of Suicide Prevention Program throughout the SBUSD junior high school and high school classes



What do the schools/community want/need?

- More accessible care to mental health and substance use treatment
- A wider “safety net” of support and resources for ALL vulnerable youth in our community
- Comprehensive, standardized school-based response plan
- Comprehensive, standardized community response plan



Quarterly Meeting

- **Public Comment**
- **Adjournment**

Next meeting:

Wednesday, October 11, 2017

Faulkner Gallery, Main Library

Santa Barbara

3:00 p.m. to 5:00 p.m.



Contact Information

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